

# Ramadan 2026

## Foumban, Cameroon

### Sehri & Iftar Timings

Timezone: Africa/Douala | Calculation: Muslim World League

| NO. | DATE   | DAY       | SEHRI (FAJR) | IFTAR (MAGHRIB) | DURATION |
|-----|--------|-----------|--------------|-----------------|----------|
| 1   | Feb 18 | Wednesday | 05:22 AM     | 06:30 PM        | 13h 08m  |
| 2   | Feb 19 | Thursday  | 05:22 AM     | 06:30 PM        | 13h 08m  |
| 3   | Feb 20 | Friday    | 05:21 AM     | 06:30 PM        | 13h 09m  |
| 4   | Feb 21 | Saturday  | 05:21 AM     | 06:30 PM        | 13h 09m  |
| 5   | Feb 22 | Sunday    | 05:21 AM     | 06:30 PM        | 13h 09m  |
| 6   | Feb 23 | Monday    | 05:21 AM     | 06:30 PM        | 13h 09m  |
| 7   | Feb 24 | Tuesday   | 05:21 AM     | 06:30 PM        | 13h 09m  |
| 8   | Feb 25 | Wednesday | 05:20 AM     | 06:30 PM        | 13h 10m  |
| 9   | Feb 26 | Thursday  | 05:20 AM     | 06:30 PM        | 13h 10m  |
| 10  | Feb 27 | Friday    | 05:20 AM     | 06:30 PM        | 13h 10m  |
| 11  | Feb 28 | Saturday  | 05:20 AM     | 06:30 PM        | 13h 10m  |
| 12  | Mar 1  | Sunday    | 05:19 AM     | 06:30 PM        | 13h 11m  |
| 13  | Mar 2  | Monday    | 05:19 AM     | 06:30 PM        | 13h 11m  |
| 14  | Mar 3  | Tuesday   | 05:19 AM     | 06:29 PM        | 13h 10m  |
| 15  | Mar 4  | Wednesday | 05:18 AM     | 06:29 PM        | 13h 11m  |
| 16  | Mar 5  | Thursday  | 05:18 AM     | 06:29 PM        | 13h 11m  |
| 17  | Mar 6  | Friday    | 05:18 AM     | 06:29 PM        | 13h 11m  |
| 18  | Mar 7  | Saturday  | 05:17 AM     | 06:29 PM        | 13h 12m  |
| 19  | Mar 8  | Sunday    | 05:17 AM     | 06:29 PM        | 13h 12m  |
| 20  | Mar 9  | Monday    | 05:17 AM     | 06:29 PM        | 13h 12m  |
| 21  | Mar 10 | Tuesday   | 05:16 AM     | 06:29 PM        | 13h 13m  |
| 22  | Mar 11 | Wednesday | 05:16 AM     | 06:29 PM        | 13h 13m  |
| 23  | Mar 12 | Thursday  | 05:15 AM     | 06:29 PM        | 13h 14m  |
| 24  | Mar 13 | Friday    | 05:15 AM     | 06:29 PM        | 13h 14m  |
| 25  | Mar 14 | Saturday  | 05:15 AM     | 06:28 PM        | 13h 13m  |
| 26  | Mar 15 | Sunday    | 05:14 AM     | 06:28 PM        | 13h 14m  |
| 27  | Mar 16 | Monday    | 05:14 AM     | 06:28 PM        | 13h 14m  |
| 28  | Mar 17 | Tuesday   | 05:13 AM     | 06:28 PM        | 13h 15m  |
| 29  | Mar 18 | Wednesday | 05:13 AM     | 06:28 PM        | 13h 15m  |
| 30  | Mar 19 | Thursday  | 05:12 AM     | 06:28 PM        | 13h 16m  |

Fasting duration gradually increases from 13h 08m to 13h 16m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

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Timings calculated using Muslim World League method