

Ramadan 2026

Tehran, Iran

Sehri & Iftar Timings

Timezone: Asia/Tehran | Calculation: Shia Ithna-Ashari (Jafari)

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 19	Thursday	05:32 AM	05:49 PM	12h 17m
2	Feb 20	Friday	05:31 AM	05:50 PM	12h 19m
3	Feb 21	Saturday	05:30 AM	05:51 PM	12h 21m
4	Feb 22	Sunday	05:29 AM	05:52 PM	12h 23m
5	Feb 23	Monday	05:28 AM	05:53 PM	12h 25m
6	Feb 24	Tuesday	05:27 AM	05:54 PM	12h 27m
7	Feb 25	Wednesday	05:25 AM	05:55 PM	12h 30m
8	Feb 26	Thursday	05:24 AM	05:56 PM	12h 32m
9	Feb 27	Friday	05:23 AM	05:57 PM	12h 34m
10	Feb 28	Saturday	05:22 AM	05:58 PM	12h 36m
11	Mar 1	Sunday	05:21 AM	05:59 PM	12h 38m
12	Mar 2	Monday	05:19 AM	06:00 PM	12h 41m
13	Mar 3	Tuesday	05:18 AM	06:01 PM	12h 43m
14	Mar 4	Wednesday	05:17 AM	06:02 PM	12h 45m
15	Mar 5	Thursday	05:15 AM	06:02 PM	12h 47m
16	Mar 6	Friday	05:14 AM	06:03 PM	12h 49m
17	Mar 7	Saturday	05:13 AM	06:04 PM	12h 51m
18	Mar 8	Sunday	05:11 AM	06:05 PM	12h 54m
19	Mar 9	Monday	05:10 AM	06:06 PM	12h 56m
20	Mar 10	Tuesday	05:09 AM	06:07 PM	12h 58m
21	Mar 11	Wednesday	05:07 AM	06:08 PM	13h 01m
22	Mar 12	Thursday	05:06 AM	06:09 PM	13h 03m
23	Mar 13	Friday	05:04 AM	06:10 PM	13h 06m
24	Mar 14	Saturday	05:03 AM	06:10 PM	13h 07m
25	Mar 15	Sunday	05:02 AM	06:11 PM	13h 09m
26	Mar 16	Monday	05:00 AM	06:12 PM	13h 12m
27	Mar 17	Tuesday	04:59 AM	06:13 PM	13h 14m
28	Mar 18	Wednesday	04:57 AM	06:14 PM	13h 17m
29	Mar 19	Thursday	04:56 AM	06:15 PM	13h 19m
30	Mar 20	Friday	04:54 AM	06:15 PM	13h 21m

Fasting duration gradually increases from 12h 17m to 13h 21m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

musulman.app

<https://musulman.app>

Timings calculated using Shia Ithna-Ashari (Jafari) method