

Ramadan 2026

Parma, Italy

Sehri & Iftar Timings

Timezone: Europe/Rome | Calculation: Italian Islamic Confederation

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 18	Wednesday	05:53 AM	05:52 PM	11h 59m
2	Feb 19	Thursday	05:52 AM	05:53 PM	12h 01m
3	Feb 20	Friday	05:50 AM	05:54 PM	12h 04m
4	Feb 21	Saturday	05:49 AM	05:56 PM	12h 07m
5	Feb 22	Sunday	05:47 AM	05:57 PM	12h 10m
6	Feb 23	Monday	05:46 AM	05:58 PM	12h 12m
7	Feb 24	Tuesday	05:44 AM	06:00 PM	12h 16m
8	Feb 25	Wednesday	05:43 AM	06:01 PM	12h 18m
9	Feb 26	Thursday	05:41 AM	06:03 PM	12h 22m
10	Feb 27	Friday	05:39 AM	06:04 PM	12h 25m
11	Feb 28	Saturday	05:38 AM	06:05 PM	12h 27m
12	Mar 1	Sunday	05:36 AM	06:07 PM	12h 31m
13	Mar 2	Monday	05:34 AM	06:08 PM	12h 34m
14	Mar 3	Tuesday	05:32 AM	06:09 PM	12h 37m
15	Mar 4	Wednesday	05:31 AM	06:11 PM	12h 40m
16	Mar 5	Thursday	05:29 AM	06:12 PM	12h 43m
17	Mar 6	Friday	05:27 AM	06:13 PM	12h 46m
18	Mar 7	Saturday	05:25 AM	06:15 PM	12h 50m
19	Mar 8	Sunday	05:23 AM	06:16 PM	12h 53m
20	Mar 9	Monday	05:22 AM	06:17 PM	12h 55m
21	Mar 10	Tuesday	05:20 AM	06:19 PM	12h 59m
22	Mar 11	Wednesday	05:18 AM	06:20 PM	13h 02m
23	Mar 12	Thursday	05:16 AM	06:21 PM	13h 05m
24	Mar 13	Friday	05:14 AM	06:22 PM	13h 08m
25	Mar 14	Saturday	05:12 AM	06:24 PM	13h 12m
26	Mar 15	Sunday	05:10 AM	06:25 PM	13h 15m
27	Mar 16	Monday	05:08 AM	06:26 PM	13h 18m
28	Mar 17	Tuesday	05:06 AM	06:28 PM	13h 22m
29	Mar 18	Wednesday	05:04 AM	06:29 PM	13h 25m
30	Mar 19	Thursday	05:02 AM	06:30 PM	13h 28m

Fasting duration gradually increases from 11h 59m to 13h 28m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

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Timings calculated using Italian Islamic Confederation method