

Ramadan 2026

Pokhara, Nepal

Sehri & Iftar Timings

Timezone: Asia/Kathmandu | Calculation: Muslim World League

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 18	Wednesday	05:27 AM	06:02 PM	12h 35m
2	Feb 19	Thursday	05:26 AM	06:02 PM	12h 36m
3	Feb 20	Friday	05:25 AM	06:03 PM	12h 38m
4	Feb 21	Saturday	05:24 AM	06:04 PM	12h 40m
5	Feb 22	Sunday	05:23 AM	06:04 PM	12h 41m
6	Feb 23	Monday	05:22 AM	06:05 PM	12h 43m
7	Feb 24	Tuesday	05:22 AM	06:06 PM	12h 44m
8	Feb 25	Wednesday	05:21 AM	06:06 PM	12h 45m
9	Feb 26	Thursday	05:20 AM	06:07 PM	12h 47m
10	Feb 27	Friday	05:19 AM	06:08 PM	12h 49m
11	Feb 28	Saturday	05:18 AM	06:08 PM	12h 50m
12	Mar 1	Sunday	05:17 AM	06:09 PM	12h 52m
13	Mar 2	Monday	05:16 AM	06:10 PM	12h 54m
14	Mar 3	Tuesday	05:15 AM	06:10 PM	12h 55m
15	Mar 4	Wednesday	05:14 AM	06:11 PM	12h 57m
16	Mar 5	Thursday	05:13 AM	06:11 PM	12h 58m
17	Mar 6	Friday	05:12 AM	06:12 PM	13h 00m
18	Mar 7	Saturday	05:11 AM	06:13 PM	13h 02m
19	Mar 8	Sunday	05:10 AM	06:13 PM	13h 03m
20	Mar 9	Monday	05:09 AM	06:14 PM	13h 05m
21	Mar 10	Tuesday	05:08 AM	06:14 PM	13h 06m
22	Mar 11	Wednesday	05:06 AM	06:15 PM	13h 09m
23	Mar 12	Thursday	05:05 AM	06:16 PM	13h 11m
24	Mar 13	Friday	05:04 AM	06:16 PM	13h 12m
25	Mar 14	Saturday	05:03 AM	06:17 PM	13h 14m
26	Mar 15	Sunday	05:02 AM	06:17 PM	13h 15m
27	Mar 16	Monday	05:01 AM	06:18 PM	13h 17m
28	Mar 17	Tuesday	05:00 AM	06:19 PM	13h 19m
29	Mar 18	Wednesday	04:58 AM	06:19 PM	13h 21m
30	Mar 19	Thursday	04:57 AM	06:20 PM	13h 23m

Fasting duration gradually increases from 12h 35m to 13h 23m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

[musulman.app](#)

<https://musulman.app>

Timings calculated using Muslim World League method