

Ramadan 2026

Triyuga, Nepal

Sehri & Iftar Timings

Timezone: Asia/Kathmandu | Calculation: Muslim World League

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 18	Wednesday	05:15 AM	05:52 PM	12h 37m
2	Feb 19	Thursday	05:14 AM	05:53 PM	12h 39m
3	Feb 20	Friday	05:14 AM	05:53 PM	12h 39m
4	Feb 21	Saturday	05:13 AM	05:54 PM	12h 41m
5	Feb 22	Sunday	05:12 AM	05:55 PM	12h 43m
6	Feb 23	Monday	05:11 AM	05:55 PM	12h 44m
7	Feb 24	Tuesday	05:10 AM	05:56 PM	12h 46m
8	Feb 25	Wednesday	05:10 AM	05:57 PM	12h 47m
9	Feb 26	Thursday	05:09 AM	05:57 PM	12h 48m
10	Feb 27	Friday	05:08 AM	05:58 PM	12h 50m
11	Feb 28	Saturday	05:07 AM	05:58 PM	12h 51m
12	Mar 1	Sunday	05:06 AM	05:59 PM	12h 53m
13	Mar 2	Monday	05:05 AM	06:00 PM	12h 55m
14	Mar 3	Tuesday	05:04 AM	06:00 PM	12h 56m
15	Mar 4	Wednesday	05:03 AM	06:01 PM	12h 58m
16	Mar 5	Thursday	05:02 AM	06:01 PM	12h 59m
17	Mar 6	Friday	05:01 AM	06:02 PM	13h 01m
18	Mar 7	Saturday	05:00 AM	06:02 PM	13h 02m
19	Mar 8	Sunday	04:59 AM	06:03 PM	13h 04m
20	Mar 9	Monday	04:58 AM	06:04 PM	13h 06m
21	Mar 10	Tuesday	04:57 AM	06:04 PM	13h 07m
22	Mar 11	Wednesday	04:56 AM	06:05 PM	13h 09m
23	Mar 12	Thursday	04:55 AM	06:05 PM	13h 10m
24	Mar 13	Friday	04:54 AM	06:06 PM	13h 12m
25	Mar 14	Saturday	04:53 AM	06:06 PM	13h 13m
26	Mar 15	Sunday	04:52 AM	06:07 PM	13h 15m
27	Mar 16	Monday	04:51 AM	06:07 PM	13h 16m
28	Mar 17	Tuesday	04:50 AM	06:08 PM	13h 18m
29	Mar 18	Wednesday	04:48 AM	06:08 PM	13h 20m
30	Mar 19	Thursday	04:47 AM	06:09 PM	13h 22m

Fasting duration gradually increases from 12h 37m to 13h 22m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

[musulman.app](#)

<https://musulman.app>

Timings calculated using Muslim World League method