

Ramadan 2026

Río Abajo, Panama

Sehri & Iftar Timings

Timezone: America/Panama | Calculation: Muslim World League

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 18	Wednesday	05:26 AM	06:28 PM	13h 02m
2	Feb 19	Thursday	05:25 AM	06:29 PM	13h 04m
3	Feb 20	Friday	05:25 AM	06:29 PM	13h 04m
4	Feb 21	Saturday	05:25 AM	06:29 PM	13h 04m
5	Feb 22	Sunday	05:24 AM	06:29 PM	13h 05m
6	Feb 23	Monday	05:24 AM	06:29 PM	13h 05m
7	Feb 24	Tuesday	05:24 AM	06:29 PM	13h 05m
8	Feb 25	Wednesday	05:23 AM	06:29 PM	13h 06m
9	Feb 26	Thursday	05:23 AM	06:29 PM	13h 06m
10	Feb 27	Friday	05:23 AM	06:29 PM	13h 06m
11	Feb 28	Saturday	05:22 AM	06:29 PM	13h 07m
12	Mar 1	Sunday	05:22 AM	06:29 PM	13h 07m
13	Mar 2	Monday	05:22 AM	06:29 PM	13h 07m
14	Mar 3	Tuesday	05:21 AM	06:30 PM	13h 09m
15	Mar 4	Wednesday	05:21 AM	06:30 PM	13h 09m
16	Mar 5	Thursday	05:20 AM	06:30 PM	13h 10m
17	Mar 6	Friday	05:20 AM	06:30 PM	13h 10m
18	Mar 7	Saturday	05:19 AM	06:30 PM	13h 11m
19	Mar 8	Sunday	05:19 AM	06:30 PM	13h 11m
20	Mar 9	Monday	05:19 AM	06:30 PM	13h 11m
21	Mar 10	Tuesday	05:18 AM	06:30 PM	13h 12m
22	Mar 11	Wednesday	05:18 AM	06:30 PM	13h 12m
23	Mar 12	Thursday	05:17 AM	06:30 PM	13h 13m
24	Mar 13	Friday	05:17 AM	06:29 PM	13h 12m
25	Mar 14	Saturday	05:16 AM	06:29 PM	13h 13m
26	Mar 15	Sunday	05:15 AM	06:29 PM	13h 14m
27	Mar 16	Monday	05:15 AM	06:29 PM	13h 14m
28	Mar 17	Tuesday	05:14 AM	06:29 PM	13h 15m
29	Mar 18	Wednesday	05:14 AM	06:29 PM	13h 15m
30	Mar 19	Thursday	05:13 AM	06:29 PM	13h 16m

Fasting duration gradually increases from 13h 02m to 13h 16m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

[musulman.app](#)

<https://musulman.app>

Timings calculated using Muslim World League method