

Ramadan 2026

Folha Fede, São Tomé & Príncipe

Sehri & Iftar Timings

Timezone: Africa/Sao_Tome | Calculation: Muslim World League

NO.	DATE	DAY	SEHRI (FAJR)	IFTAR (MAGHRIB)	DURATION
1	Feb 18	Wednesday	04:34 AM	05:51 PM	13h 17m
2	Feb 19	Thursday	04:34 AM	05:51 PM	13h 17m
3	Feb 20	Friday	04:34 AM	05:51 PM	13h 17m
4	Feb 21	Saturday	04:34 AM	05:50 PM	13h 16m
5	Feb 22	Sunday	04:34 AM	05:50 PM	13h 16m
6	Feb 23	Monday	04:34 AM	05:50 PM	13h 16m
7	Feb 24	Tuesday	04:34 AM	05:50 PM	13h 16m
8	Feb 25	Wednesday	04:34 AM	05:50 PM	13h 16m
9	Feb 26	Thursday	04:34 AM	05:50 PM	13h 16m
10	Feb 27	Friday	04:34 AM	05:50 PM	13h 16m
11	Feb 28	Saturday	04:34 AM	05:49 PM	13h 15m
12	Mar 1	Sunday	04:34 AM	05:49 PM	13h 15m
13	Mar 2	Monday	04:33 AM	05:49 PM	13h 16m
14	Mar 3	Tuesday	04:33 AM	05:49 PM	13h 16m
15	Mar 4	Wednesday	04:33 AM	05:49 PM	13h 16m
16	Mar 5	Thursday	04:33 AM	05:48 PM	13h 15m
17	Mar 6	Friday	04:33 AM	05:48 PM	13h 15m
18	Mar 7	Saturday	04:33 AM	05:48 PM	13h 15m
19	Mar 8	Sunday	04:32 AM	05:48 PM	13h 16m
20	Mar 9	Monday	04:32 AM	05:47 PM	13h 15m
21	Mar 10	Tuesday	04:32 AM	05:47 PM	13h 15m
22	Mar 11	Wednesday	04:32 AM	05:47 PM	13h 15m
23	Mar 12	Thursday	04:32 AM	05:47 PM	13h 15m
24	Mar 13	Friday	04:31 AM	05:46 PM	13h 15m
25	Mar 14	Saturday	04:31 AM	05:46 PM	13h 15m
26	Mar 15	Sunday	04:31 AM	05:46 PM	13h 15m
27	Mar 16	Monday	04:30 AM	05:46 PM	13h 16m
28	Mar 17	Tuesday	04:30 AM	05:45 PM	13h 15m
29	Mar 18	Wednesday	04:30 AM	05:45 PM	13h 15m
30	Mar 19	Thursday	04:30 AM	05:45 PM	13h 15m

Fasting duration gradually increases from 13h 17m to 13h 15m

O Allah, accept our fasting and our prayers.

Daily prayer times available year-round

musulman.app

<https://musulman.app>

Timings calculated using Muslim World League method